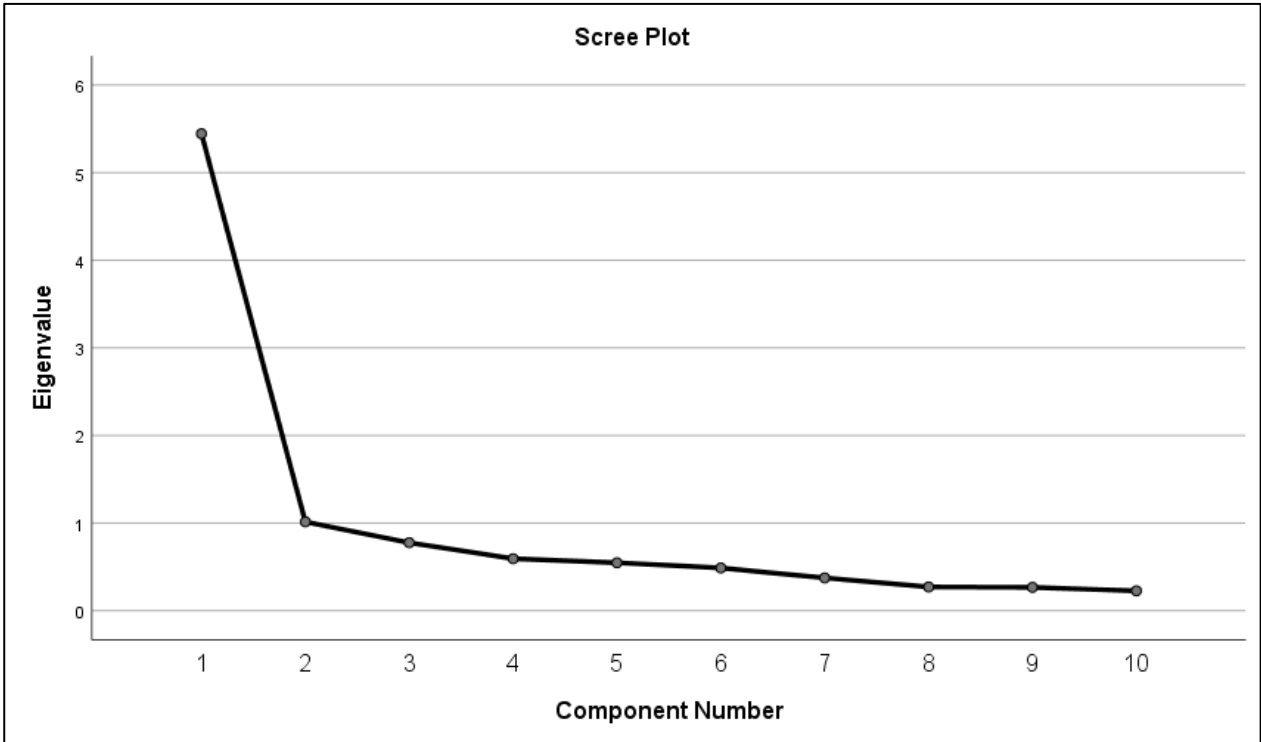


Appendix 1

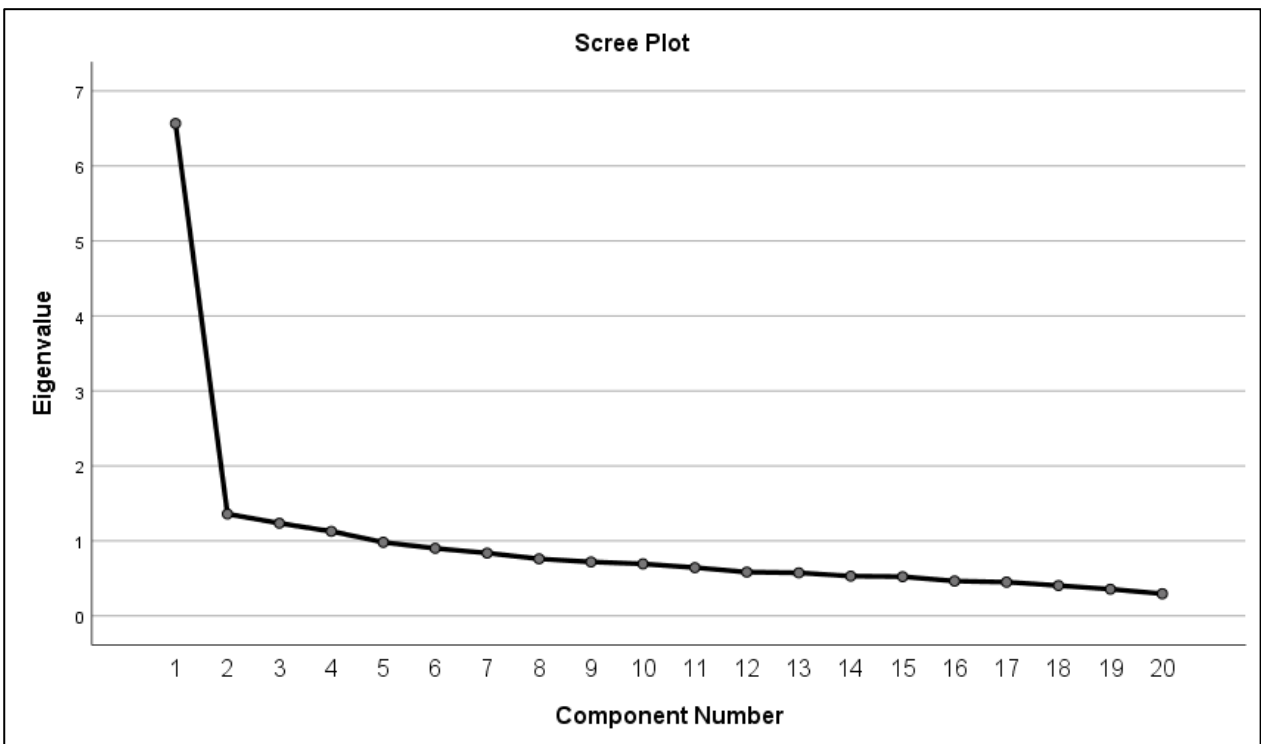
Items and factor loadings from the principal component analyses for the MDI and CES-D

MDI		CES-D	
Item	Factor loading	Item	Factor loading
Have you felt low in spirits or sad?	.852	I felt sad.	.748
<i>Have you felt very restless? or Have you felt subdued or slowed down?</i>	.815	I felt depressed.	.730
Have you felt lacking in energy and strength?	.804	<i>I was happy.</i>	.671
Have you had a bad conscience or feelings of guilt?	.803	<i>I enjoyed life.</i>	.666
Have you lost interest in your daily activities?	.798	I had crying spells.	.643
Have you felt less self-confident?	.767	I thought my life had been a failure.	.621
Have you had difficulty in concentrating, e.g. when reading the newspaper or watching TV?	.700	I talked less than usual.	.618
Have you felt that life wasn't worth living?	.638	I felt lonely.	.617
<i>Have you been sleeping too little or too much?</i>	.619	I felt fearful.	.604
<i>Have you suffered from reduced or increased appetite?</i>	.507	I was bothered by things that usually don't bother me.	.578
		I had trouble keeping my mind on what I was doing.	.568
		I felt that I could not shake off the blues even with help from my family or friends.	.559
		I felt that people dislike me.	.542
		I could not get "going."	.525
		<i>I felt hopeful about the future.</i>	.497
		People were unfriendly.	.473
		My sleep was restless.	.445
		<i>I felt I was just as good as other people.</i>	.410
		I did not feel like eating, my appetite was poor.	.385
		I felt that everything I did was an effort.	.360

Note: Items in *italic* in MDI have two answer categories and the higher value is taken into the calculations. *Italic* items in CES-D are the positive formulated items that were reverse coded for the analyses.



Scree Plot of the Principal Component Analysis for the MDI



Scree Plot of the Principal Component Analysis for the CES-D