

SJSEP – new winds from the north

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Editorial

In a rapidly changing world, with an increasing pragmatic relationship towards knowledge, we find it important to create a space for reflection on sport and exercise psychological interest in Scandinavia.

The Scandinavian countries provide a particular context for sport and exercise psychology due to the Scandinavian welfare model that provide different living and sporting conditions compared to many European counterparts and a holistic approach to sport and exercise. We believe that a Scandinavian approach is different from other traditions within sport and exercise. Thus, we see disseminating knowledge within a Scandinavian context as vital, and hope to to strengthen this particular approach and inspire others.

The purpose of the Scandinavian Journal of Sport and Exercise Psychology (SJSEP) is to collect and disseminate knowledge and experience between researchers, practitioners, athletes, coaches and others with an interest in sport and exercise psychology. Thus, SJSEP aims to support an already strong development, taking place within sport and exercise psychology in Scandinavia.

SJSEP is an open access journal, published annually by the Danish Sports Psychological Forum (DIFO). The print version of each issue will be published only once per year, but manuscripts will be published online as soon as they are accepted. SJSEP publishes high quality articles from both sport and exercise psychology through two sections: 1) A section disseminating research results relevant to sports and exercise psychology in Scandinavia,

and 2) A section presenting ideas and applied solutions to challenges within sport and exercise psychology.

SJSEP publishes in Danish, Swedish, Norwegian and English (preferred). SJSEP also uses a double-blinded review process that ensures fair and thorough processing of each submitted article. Quality is paramount and accepted contributions will thus be solid knowledge, whether it is scientific or applied-oriented.

The journal strives for full transparency, and will from issue 3 (to be published on print in January 2021, but online during the year 2020 as manuscripts are accepted for publication) publish review comments from the editing phase itself, on the open access website, for the reader to get the full and nuanced picture of the submission process.

We hope that the Scandinavian researchers and practitioners will find interest in SJSEP, making it a forum for knowledge sharing of high value to the Scandinavian sport and exercise psychology field.

We welcome contributions for our 2021 issue. Find our website for more information.

Best regards,

Editors-in-chief

Knud Ryom, Peter Elsborg & Johan Wikman