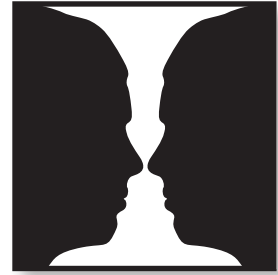


Coaching psykologi

www.coachingpsykologi.org



Bidragydere



Darren Langdridge

Dr. Darren Langdridge is Head of the Department of Psychology at the Open University, UK, Honorary Professor of Psychology at Aalborg University, Denmark and a UKCP accredited existential psychotherapist working as both a therapist and coach in private practice.

For many years Darren has researched and written on sexualities, critical theory and psychotherapy, publishing numerous papers and book chapters. He is the author/editor of a number of books including *Safe, Sane and Consensual: Contemporary Perspectives on Sadomasochism* (published by Palgrave Macmillan) and *Understanding Non-monogamies* (published by Routledge). Darren also founded and co-edits *Psychology & Sexuality*, a journal published by Taylor & Francis. His most recent book *Existential Counselling and Psychotherapy* will be published by Sage this year and he is currently working on his next book for Oxford University Press, provisionally titled: *Sex-Sexuality-Citizenship: Beyond the Boundaries of Belonging*.



Lillith Olesen Løkken

Lillith Olesen Løkken er psykolog fra Aalborg Universitet og tilknyttet den Coaching Psykologiske forskningsenhed og psykologistudiet som ekstern lektor.

Hendes forskningsmæssige interesse ligger især indenfor særligt kvalitativ forskning, hvilket har givet sig udslag i medvirken til flere publikationer indenfor personlighedspsykologi, udviklingspsykologi og i særlig grad studier indenfor coaching psykologien. Senest har Lillith været med til at gennemføre en større længdesnitsundersøgelse af livscoaching psykologi, ligesom Lillith tidligere har været forskningsassistent på et studie omkring coaching psykologis indflydelse på nystartede studerendes velbefindende. Ud over en særlig interesse for coaching psykologi har Lillith også både på personlig og faglig basis beskæftiget sig med mindfulness i en række år.

Privat bor hun sammen med sin kæreste og deres søn i Aalborg.



Professor Stephen Palmer PhD

Professor Stephen Palmer PhD is Director of the Coaching Psychology Unit at City University London, UK. He is also Director of the Centre for Coaching, International Academy for Professional Development, London.

He is an APECS Accredited Executive Coach and Coach Supervisor, AREBT Accredited Rational & Cognitive Behavioural Coach and a Chartered Psychologist.

In addition to his academic work he has run his own companies continuously for 37 years and is the publisher of Coaching at Work magazine.

His PhD research was in stress and stress management. He has authored or edited over 35 books including the Handbook of Coaching Psychology, Dealing with People Problems at Work, and How to Deal with Stress. Also he edits a number of academic journals.



Dr. Ole Michael Spaten, Lic.Psychol., MA., PhD

Ole is a chartered psychologist with a particular area of expertise in coaching psychology and team-building. Ole is both an Academic and Practitioner with 20 years of experience as an organizational consultant and as a teacher and researcher attached to the universities in Roskilde, Copenhagen and Aalborg in Denmark.

At Aalborg University, Dept. of Communication and Psychology, he founded in 2007 the first Danish coaching psychology education and is Director of the Coaching Psychology research Unit. At psychology Ole leads the coaching psychology graduate program for master psychology students, supervises and teaches clinical skills. At the psychology Department he is Head of Studies and is the founding editor-in-chief of the Danish Journal of Coaching Psychology.

His research interests are related to self and identity, social learning and experience based processes in coaching psychology. In 2010 he conducted the first Randomized Control Trial in Scandinavia evaluating the effectiveness of a brief cognitive behavioural coaching applied to first year university psychology students.

Ole is accredited member and Honorary Vice President of the International Society of Coaching Psychology.



Professor Reinhard Stelter

Professor Reinhard Stelter holds a PhD in psychology from the University of Copenhagen and is Professor for Sport and Coaching Psychology at the University of Copenhagen and head of the research group on body, learning and identity. He is head of the Coaching Psychology Unit at the Department of Exercise and Sport Sciences.

He has received further training in psychotherapy, counseling and applied sport psychology. He is the author and editor of one of Scandinavia's most successful books on coaching (published in Danish and Swedish) with the English title "Coaching – learning and developing". He is member of the Editorial Board of the International Coaching Psychology Review and Associate Editor of Psychology of Sport and Exercise. He is editor and author of ten books and about 150 articles in scientific and research oriented journals or books.

He is member of the Managing Board of European Mentoring & Coaching Council (EMCC) in Denmark, member of the Advisory Board of Copenhagen Coaching Center, where he also works as a coach and teacher in the coaching training program. From 2009 this program shall be an accredited Master of Coaching program at the University of Copenhagen, which Reinhard Stelter shall lead.

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Jacob Storch

Jacob Storch, PhD, er senior direktør i Rambøll Management Consulting og var grundlægger af konsulenthuset Attractor som har været pioner i udviklingen af bl.a. den systemiske coaching i Danmark. Har været medforfatter på Ledelsesbaseret Coaching (Børsen/L&R Business), Lederen som Teamcoach (Børsen/L&R Business). Herudover har han været ekstern lektor ved Aarhus Universitet siden 2002.