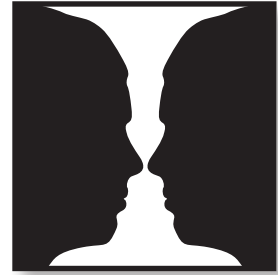


# Coaching psykologi

www.coachingpsykologi.org



## Bidragydere



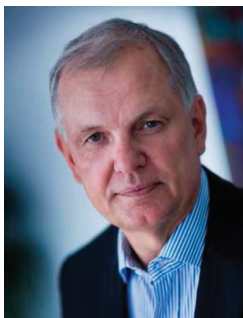
### Kristina Gyllensten

Kristina Gyllensten er autoriseret psykolog og har en MSc og en Doctorate i Counselling Psychology fra City University London.

Kristina har publiceret et antal artikler i videnskabelige tidsskrifter indenfor kognitiv terapi i primær omsorg, kognitiv terapi og kognitiv coaching, stress på arbejdspladsen, køn og stress, stress og coaching og præsenteret forskningsresultater på forskellige konferencer. Udover artikler har Kristina skrevet to kapitler om indsatsen mod stress på arbejdspladsen og stress og coaching.

Siden 2007 har Kristina været research officer for The Special Group in Coaching Psychology indenfor det engelske psykologforbund. Hun er tillige 'reviewer' for tidsskrifterne *Coaching: An International Journal of Theory and Practice* og *International Coaching Psychology Review*.

Kristina er privatpraktiserende psykolog og arbejder med ungdom og voksne patienter, superviserer, og forelæser i samarbejde på Center for Kognitiv Psykoterapi og Uddannelse. Siden 2006 er Kristina engageret i Centrets patientstudier som evaluerer effekten af kognitiv terapi. Hun går i øjeblikket på psykoterapeutprogrammet med kognitiv retning.



### Stig Kjerulf

Mere end 25 års erfaring med at coache topledere og mellemledere i både private og offentlige virksomheder samt rådgive virksomheder i relation til medarbejder-, ledelses- og organisationsudvikling.

Har solid erfaring med at arbejde med strategiprocesser på bestyrelses- og topniveau. Mere end 10 års erfaring med CSR på bestyrelsesniveau i samarbejde med nogle af de største danske virksomheder.

Har udgivet mere end 20 faglitterære bøger med fokus på menneskets udvikling i arbejdslivet, senest bøger: *Executive Coaching*, *Personlig Handlekraft – evnen til at eksekvere* og *Fra Potentiale til Talent*.



## Tobias Dam Hede

- Født 1973, gift, 3 børn.
- Ansat som chefkonsulent, PhD., i Attractor/Rambøll Management Consulting
- Underviser i ledelsesbaseret coaching og den 2-årige coachcertificering i Attractor
- Ekstern lektor på Diplomlederruddannelserne ved Ingeniørhøjskolen KBH siden 2006.
- Ekstern lektor på Business Coaching ved Copenhagen Business School siden 2010
- Gæsteunderviser på Master i Organisatorisk Coaching, Aalborg Universitet
- Gæsteunderviser på Summer University, Københavns Universitet og CBS
- Erhvervsforskeruddannet ved Dansk Sygeplejeråd og CBS (2007-2010)
- Siden 2008 medlem af bestyrelsen for European Mentoring & Coaching Council i Danmark
- Begyndte som konsulent i PKEConsult i 2000, startede egen konsulentvirksomhed i 2003 med firmaet Sisophos – Evaluering & Analyse.
- Konsulent og coach på kompetenceudviklingsprogrammet ”Erfarne ACere i staten” for Statens Center for Kompetenceudvikling (2011)
- Projektleder på kompetenceudviklingsforløbet ”Effektive samtaler – forandring i fokus” for Beskæftigelsesregion Hovedstaden og Sjælland (2011)
- Projektleder og konceptudvikler for Recruiter’s Academy Rockwool International (2011)
- Konsulent for DJØF Mentornetværk (2011)
- Executive coach for Helsingør Kommune (2011)
- Executive coach på Gentofte Hospital (2011)
- Coaching og træning af offentlige ledere i Ballerup Kommune (2007-2011)
- Underviser, coach og konsulent for Siemens Leadership Academy (2008-2010)
- Coaching af ledere og medarbejdere på Rigshospitalet (2007-2008)
- Evaluering af et program for coaching og ressourceafklaring af 350 medarbejdere og mellemledere i finanssektoren (2005-2006)
- Evaluering af coachingprogram for 110 mellemledere på Nordsjællands Hospital (2007)



## Professor Stephen Palmer PhD

Professor Stephen Palmer PhD is Director of the Coaching Psychology Unit at City University London, UK. He is also Director of the Centre for Coaching, International Academy for Professional Development, London.

He is an APECS Accredited Executive Coach and Coach Supervisor, AREBT Accredited Rational & Cognitive Behavioural Coach and a Chartered Psychologist.

In addition to his academic work he has run his own companies continuously for 37 years and is the publisher of Coaching at Work magazine.

His PhD research was in stress and stress management. He has authored or edited over 35 books including the Handbook of Coaching Psychology, Dealing with People Problems at Work, and How to Deal with Stress. Also he edits a number of academic journals.



### **Dr. Ole Michael Spaten, Lic.Psychol., MA., PhD**

Ole is a chartered psychologist with a particular area of expertise in coaching psychology and team-building. Ole is both an Academic and Practitioner with 20 years of experience as an organizational consultant and as a teacher and researcher attached to the universities in Roskilde, Copenhagen and Aalborg in Denmark.

At Aalborg University, Dept. of Communication and Psychology, he founded in 2007 the first Danish coaching psychology education and is Director of the Coaching Psychology research Unit. At psychology Ole leads the coaching psychology graduate program for master psychology students, supervises and teaches clinical skills. At the psychology Department he is Head of Studies and is the founding editor-in-chief of the Danish Journal of Coaching Psychology.

His research interests are related to self and identity, social learning and experience based processes in coaching psychology. In 2010 he conducted the first Randomized Control Trial in Scandinavia evaluating the effectiveness of a brief cognitive behavioural coaching applied to first year university psychology students.

Ole is accredited member and Honorary Vice President of the International Society of Coaching Psychology.



### **Professor Reinhard Stelter**

Professor Reinhard Stelter holds a PhD in psychology from the University of Copenhagen and is Professor for Sport and Coaching Psychology at the University of Copenhagen and head of the research group on body, learning and identity. He is head of the Coaching Psychology Unit at the Department of Exercise and Sport Sciences.

He has received further training in psychotherapy, counseling and applied sport psychology. He is the author and editor of one of Scandinavia's most successful books on coaching (published in Danish and Swedish) with the English title "Coaching – learning and developing". He is member of the Editorial Board of the International Coaching Psychology Review and Associate Editor of Psychology of Sport and Exercise. He is editor and author of ten books and about 150 articles in scientific and research oriented journals or books.

He is member of the Managing Board of European Mentoring & Coaching Council (EMCC) in Denmark, member of the Advisory Board of Copenhagen Coaching Center, where he also works as a coach and teacher in the coaching training program. From 2009 this program shall be an accredited Master of Coaching program at the University of Copenhagen, which Reinhard Stelter shall lead.



## Allan Holmgren

- Født 1953.
- Mag.art. fra Københavns Universitet 25.juni, 1981
- Københavns Universitets sølvmedalje 1980.
- Udnævnt til adjungeret professor ved Institut for Ledelse, Politik og Filosofi, CBS, 13.marts 2006.
- Ekstern lektor på Master of Management Development, Institut for Organisation og Arbejdssociologi, CBS, siden dens start år 2000.
- Grundlagde DISPUK 1990 (egentlig allerede 1988).
- Grundlagde Snekkersten Kollektivet, institution for unge med alvorlige psykiske lidelser, 1982.
- Arbejdet i psykiatrien siden 1977.

### I øvrigt:

- Yngst af fem børn. Første akademiker i sin familie. Vokset op i Espergærde i et hjem, der var Jehovas Vidner. Spillet rock, blues og jazzguitar siden han var 11 år. Har undervist i musik i mange år. Har fire børn i to ægteskaber. 2 børnebørn. Har løbet 3 maraton. Spiller tennis og badminton. Gift med Anette.
- Har skrevet omfattende om narrativ og poststrukturalistisk terapi, ledelse, coaching og organisationsarbejde.